



PRIVACY POLICY

Your privacy is important to us. This Privacy Policy outlines how we collect, use, and protect the personal information of our members.

Information We Collect

We may collect the following types of information:

- Personal Information: Name, email address, phone number, qualifications, and any other details you provide when you become a member or sign up for newsletters, fill out forms, etc.

How We Use Your Information

The information we collect may be used for the following purposes:

- To provide, maintain and improve our services.
- To communicate with you, including responding to inquiries or sending newsletters.
- To comply with legal obligations.

Sharing of Your Information

We do not sell, trade, or otherwise transfer your personal information to outside parties, except under the following circumstances:

- With service providers who assist in operating our Website and conducting our business, under strict confidentiality agreements.
- When required by law or to protect our rights, property, or safety.

Third-Party Links

Our Website may contain links to third-party websites. We are not responsible for the privacy practices of these websites. We encourage you to review the privacy policies of any third-party sites you visit.

Your Rights

You have the right to:

- Notify us at any time via info@healthandfitness.org.au to update or delete your personal information.

Changes to This Privacy Policy

We may update this Privacy Policy from time to time. Any changes will be posted on this page with an updated effective date. We encourage you to review this Privacy Policy periodically.

For any questions, concerns, or clarifications regarding this Policy, please contact us directly via info@healthandfitness.org.au